

ZGEEL 2daagse 26: Session: 1: COACH evaluation sheet for TEAM: ZORO

Coachinfo: Warming up from: 07:10 untill 08:25. Teamleadmeeting @ 07:45 The listed starttimes are indicative!

Coaches: Van Eylen Thomas HEADCOACH

Coaches: Van Wassenhove Senne

Coaches: Eugene Astrid

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 08:40
Heat: 5/25 Lane : 6 Athlete: GRONDARD VAN SCHAGEN LUUK					Q-time: 01:34:06
PB (25m pool): no time PB (50m pool): 01:34.06 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 1: 100M BACKSTROKE MEN 11+					Heat:17, starttime: 09:05
Heat: 17/25 Lane : 5 Athlete: EUGENE FELIX					Q-time: 01:07:94
PB (25m pool): 01:07.94 Overijse 29/11/2025 PB (50m pool): 01:10.48 SB: 01:07.94 Overijse 29/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.95		01:07.94	
	00:32.95 00:34.99				
					

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:22, starttime: 10:00
Heat: 22/25 Lane : 5 Athlete: GAYTANT MIRTHE					Q-time: 01:19:98
PB (25m pool): 01:19.98 Heist-op-den-Berg 10/01/2026 PB (50m pool): 01:22.78 SB: 01:19.98 Heist-op-den-Berg 10/01/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.61		01:19.98	
	00:37.61 00:42.37				
					

Coach feedback:

ZGEEL 2daagse 26: Session: 1: COACH evaluation sheet for TEAM: ZORO

Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:24, starttime: 10:05
Heat: 24/25 Lane : 1 Athlete: GAYTANT STERRE					Q-time: 01:18:23
PB (25m pool): 01:18.23 Heist-op-den-Berg 10/01/2026 PB (50m pool): 01:21.87 SB: 01:18.23 Heist-op-den-Berg 10/01/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.41		01:18.23	
	00:36.41		00:41.82		
					

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:13, starttime: 10:25
Heat: 13/18 Lane : 6 Athlete: EUGENE FELIX					Q-time: 01:04:91
PB (25m pool): 01:04.91 Sinbad 22/07/2025 PB (50m pool): 01:07.98 SB: 01:06.71 Heist-op-den-Berg 10/01/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.20		01:04.91	
	00:30.20		00:34.71		
					

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+					Heat:37, starttime: 11:40
Heat: 37/42 Lane : 1 Athlete: GAYTANT MIRTHE					Q-time: 01:01:81
PB (25m pool): 01:01.81 LEUVEN 21/12/2025 PB (50m pool): 01:02.95 SB: 01:01.81 LEUVEN 21/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.00		01:01.81	
	00:30.00		00:31.81		
					

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+					Heat:42, starttime: 11:50
Heat: 42/42 Lane : 4 Athlete: GAYTANT STERRE					Q-time: 00:57:56
PB (25m pool): 00:57.56 Gent 09/11/2025 PB (50m pool): 00:58.88 SB: 00:57.56 Gent 09/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.46		00:57.56	
	00:27.46		00:30.10		
					

Coach feedback:

ZGEEL 2daagse 26: Session: 1: COACH evaluation sheet for TEAM: ZORO

Event number: 5: 100M MEDLEY MEN 11+					Heat:3, starttime: 11:55
Heat: 3/28 Lane : 3 Athlete: GRONDARD VAN SCHAGEN LUUK					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+					Heat:19, starttime: 12:25
Heat: 19/28 Lane : 3 Athlete: EUGENE FELIX					Q-time: 01:08:28
PB (25m pool): 01:08.28 Stedelijk Zwembad Geel 16/02/2025					PB (50m pool): no time SB: 01:08.37 LEUVEN 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.06		01:08.28	
	00:31.06		00:37.22		
					

Coach feedback: